The **Wellbeing Fund** is available to all ratified student activity groups, associations, societies and sports clubs to carry out wellbeing initiatives. Wellbeing initiatives are those that promote positive wellbeing for students and focus on one or more of the [King's Way to Wellbeing](#).

Your application should seek to benefit and enhance the wellbeing of your group, the wider community and KCLSU as a whole. With this in mind, projects should allow people to explore their own personal wellbeing and what makes them thrive as individuals.

Some wellbeing initiatives that groups have led in the past are as follows:

- **Keep Moving** | Dance taster session or healthy cooking class
- **Invest in Relationships** | Sex & Healthy Relationships Workshop
- **Never Stop Learning** | Taster class in new skill (i.e. knitting)
- **Give to Other** | King’s Communi-TEA Pay it Forward event
- **Savour the Moment** | Meditation & Mindfulness Workshop

Groups can hold wellbeing initiatives any time throughout the year.

Here’s an idea of what you can ask for in this funding application:

- Stationery, photocopy, printing and publicity costs
- Audio-visual, facility or equipment hire
- Speaker, trainer or general running costs

We won’t consider funding any of the following: gifs for speakers, prizes, group t-shirts and travel expenses.

Please note the following information when applying for funding:

- Grants will be considered for sums up to £150.
- Applications should be completed online and will be considered by the Activities Committee.
- If groups receive wellbeing funding in one application window, they are allowed to apply again.
- Groups will be notified of their application’s outcome up to two weeks after application deadline.
- Contact the Wellbeing Coordinator [julia.haas@kclsu.org](mailto:julia.haas@kclsu.org) with any questions about this funding.